

Menù



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Allergens



Gluten



Tree nuts



Milk and dairy products



Peanuts



Eggs and egg-based products



Fish



Soy



Celery



Crustaceans



Sesame



Mustard



Sulphur dioxide and sulphites

Frutta Bowl



A creamy bowl with a texture similar to ice cream, with no added sugars or additives, topped with fresh fruit that makes it nutritious, light, and irresistible.



Banana e Cacao

7

Creamy base of bananas and cocoa with lactose-free milk*, enriched with banana, coconut, and granola

3,2

Choco Berry

7

Creamy base of strawberries and bananas with lactose-free milk*, topped with strawberries, banana, and granola

3,2

Island Vibes

8

Creamy base of mango, pineapple, and coconut milk, enriched with coconut slices, pineapple, granola, and honey

2

White Berry Crunch

9

Creamy base of berries and bananas with lactose-free milk, topped with berries, white chocolate cream, and granola

3,2

Wild Energy

9

Creamy base of açai and bananas with lactose-free milk, with blueberries, strawberries, granola, and honey

3,2

Dragon Bowl

10

Creamy base of dragon fruit and bananas with lactose-free milk, with dragon fruit, coconut, and granola

3,2

Tagliata di Frutta

Fresh fruit, cut on the spot. A colorful, refreshing mix full of vitamins!



Armonia d'Estate

Selezione di frutta di stagione.

16



Seasonal fruit selection
(The composition may vary depending on availability to ensure maximum freshness)



22

Sinfonia Esotica



Exotic fruit selection with different varieties of tropical fruits



Anguria (watermelon): 2 slices

5

Tris melone: 3 different types of melon

8

Barchetta ananas: (pineapple)

6

Papaya boat with yogurt, granola, and fruit

12

strawberries and cream

8



Seasonal fruit selection

(The composition may vary depending on availability to ensure maximum freshness)



Pancake

Berry Morning

Pancakes with berries, white chocolate, maple syrup

5

Banana Love

Pancakes with banana, strawberries, fresh coconut flakes, honey

5

Peanut Bread 3.5

Slice of bread with crunchy peanut butter, banana, dark chocolate, and honey

1,4*

Banana Split Fit

Banana topped with white yogurt, peanut butter, fresh fruit, dark chocolate, and honey

5

3,4,2

Banana Split Fat

Banana topped with white yogurt, Nutella, fresh fruit, and chopped hazelnuts

6

3,2

Yogurt

Greek Cream

Greek yogurt with fresh fruit and granola

5

White Cream

White yogurt with fresh fruit and granola

5

Estratti

Dolce Alba 4
Orange, carrot, apple

Gusto Ace 4
Arancia, carota, limone

Tropicale 4
Mango, ananas

Brezza Fresca 4
Anguria, menta, lime

Detox 4
Sedano, cetriolo, limone, mela

Mix Dorato 5
Yellow melon, passion fruit

Orange juice 3

Pineapple juice 4

Apple juice 3

Pear juice 3



I nostri succhi sono estratti a freddo per mantenere intatto tutto il gusto della frutta e della verdura di stagione. Naturali al 100%, senza zuccheri aggiunti.

Frullati

Dolce Mix 4
Strawberry, banana, and lactose-free milk

Dolce Tropicico 4
Mango, pineapple, coconut milk

Energia Naturale 4
Kiwi, pear, lactose-free milk

Magia Rosa 5
Pitaya, berries, lactose-free milk





Avocado Toast

Prepared with selected bread and ingredients, perfect for a balanced breakfast, a light lunch, or a healthy break.

Egg & Green 6

Toasted bread, avocado cream, and scrambled egg

Salmon & Green 7.5

Toasted bread, avocado cream, and smoked salmon

Salad

Mediterranea 7

- Mixed greens
- lettuce
- tuna
- cherry tomatoes
- carrots
- cucumbers
- mango
- walnuts

Aloha 8.5

- Mixed greens
- lettuce
- smoked salmon
- cherry tomatoes
- almonds, avocado

Served with slices of bread

Piña Colada



10



Limited availability: fresh pineapples may run out depending on daily supply

Cocktail

Esotico

Gin, mango, passion fruit, lime, pomegranate

8

Caipiroska

Vodka, strawberries, lime, brown sugar

8

Estate

Gin, prosecco, watermelon juice, lime

8

Ananas Spritz

Pineapple juice, Aperol, prosecco

8

Bibite

Still water 50cl	1
Sparkling water 50cl	1
Coca cola	3
Coca-Cola Zero	3
Peach iced tea	3
Lemon iced tea	3
Beer	4
Cocco Bello	8

Service: €1 per person

